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# ACADEMIC DERMATOLOGY

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Dermatology training, education and  
Research through patient involvement



GIG  
CYMRU  
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WALES

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Aneurin Bevan  
Health Board



## Academic Dermatology Courses

Academic Dermatology Unit  
Block C, St Woolos Hospital  
Stow Hill  
Newport  
Gwent NP20 4SZ

**Telephone:**  
01633 238561

**Email:**  
[admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

[www.academicdermatology.co.uk](http://www.academicdermatology.co.uk)

## APPLIED PHOTODERMATOLOGY UK

### Two-Day Course

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

**CPD:** 28 CPD credits, RCP London

### COURSE OUTLINE

This annual course ran for the first time in March 2006 at Nevill Hall Hospital Education Centre. The emphasis of the course is on practical aspects of patient care, with particular attention to advances in management. Theoretical aspects of photodermatology will not be covered in detail and it is assumed that students will have prior knowledge of these areas from attending relevant courses.

#### The target groups for whom this course is intended are:

- Consultant dermatologists requiring a refresher/update on photodermatology
- Dermatology trainees
- Associated specialists (non-consultant career grade)

### COURSE PROGRAMME

The course includes **two days** of interactive teaching. A variety of teaching techniques are used including expert patients, case scenarios, small group problem solving, lectures and practical demonstrations.

#### Day 1

Phototherapy Disease Management

#### Day 2

Phototherapy

### PRE-COURSE PRIVATE STUDY

The taught course is preceded by **40 PowerPoint lectures** from experts in the field. Late registration will not be possible as the CD lectures are an integral part of the course. Students should allow sufficient time to complete the lectures prior to attending the taught course. The PowerPoint lectures will be available to students on CD six weeks before the taught course starts (equivalent to 5 hours private study). Students require a computer with audio facilities in order to hear the lecturer's voice. Self-assessment following each lecture is by MCQ.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.

## ANNUAL UPDATE ON PHOTOTHERAPIES

### One-Day Course

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

**Target audience:** Practising phototherapy professionals who have previously completed a comprehensive training course in phototherapies.

### INTENDED OUTCOMES:

This one-day course will provide up-to-date information on the latest developments in phototherapy techniques, equipment and practice guidelines. It will present interactive learning opportunities in areas of phototherapy practice, as well as lectures on subjects of relevance to phototherapy.

### THE COURSE IS DELIVERED BY EXPERIENCED EXPERTS IN PHOTOTHERAPY PRACTICE.

- It will supply phototherapy professionals with evidence of continuing professional development.
- Delegates will have the opportunity to network with other phototherapists and associated professionals.
- Up to date reference materials can be used to re-evaluate current practice.
- Technical exhibition will provide opportunity to see and discuss available phototherapy equipment and consumables.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.

## DIPLOMA IN PROFESSIONAL PRACTICE/ BSC (HONS) IN PROFESSIONAL PRACTICE (DERMATOLOGY)

### Web-based Distance Learning

Each module is designed to provide healthcare professionals with the knowledge and skills to work comprehensively and effectively with patients suffering from dermatological conditions.

Students will learn how to carry out detailed patient assessments, and critically evaluate possible methods of treatment and how to co-ordinate them.

Students will also be taught how to provide individual patient-focused care and support to meet the patient's needs.

### ENTRY CRITERIA

The course is suitable for healthcare professionals who have a recognised qualification in a relevant subject. For entry at degree level, students must be educated to diploma level.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.

## Modules (20 Credits)

### The care and management of patients with psoriasis and eczema

#### Fifteen-Week Web-based Distance Learning

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

The module is a distance learning course supported via e-learning. It is designed to provide healthcare professionals with the knowledge and skills to work comprehensively and effectively with patients suffering from psoriasis and eczema. Credits can be used towards the Diploma in Professional Practice/Bsc (Hons) in Professional Practice (Dermatology).

Students will learn how to carry out detailed patient assessments, critically evaluate possible methods of treatment and how to co-ordinate them.

Students will also be taught how to provide individual patient-focused care and support to meet the patient's needs.

The study material consists of two related units which explore the impact of psoriasis and eczema on a patient and family. Background knowledge of these two conditions and different types of presenting symptoms, exacerbating or triggering factors will be explored and assessed through learning activities and assignment work.

#### Examples of specific issues that will be explored are:

- Knowledge and understanding of skin anatomy and physiology.
- The psychological factors relevant to skin disorders, loss of body image.
- The role of the nurse in the primary and secondary care setting.
- Practical application of topical treatments used in the management of psoriasis and eczema.

- Knowledge in the application of topical and systemic therapies, monitoring and side effects of these drugs.
- Management of these chronic disabling conditions and concordance strategies will be employed.
- Quality of life assessment tools both from a psychological and physical perspective.
- Financial implications of having a chronic disease.
- Adverse effects on family dynamics.
- Exploration of the concept of disability in the context of psoriasis and eczema.
- Exploration of research and evidence base for specific treatments.

### **Is this module suitable for me?**

This module is suitable for nurses working in primary and secondary care settings who manage and care for patients with dermatological conditions.

### **How will I be assessed?**

You will be assessed on the completion of clinical and theoretical learning outcomes. You need to produce a written piece of work, which will either be a case study or a critical evaluation of one aspect of the nursing practice in your area.

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## **The care and management of patients treated with biological therapies**

### **Fifteen-Week Web-based Distance Learning**

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

The module is a distance learning course supported via e-learning. It is designed to provide healthcare professionals with the knowledge and skills to work comprehensively and effectively with patients who are receiving biological therapies.

Students will be encouraged to review the immune system and to recognise the concept of psoriasis as an immune mediated disease.

Students will also be taught to recognise the place for biological treatments for psoriasis in the context of other second and third-line treatments for this disorder.

Students will be able to understand the mechanism of action of the licensed biological therapies, and be able to explain them to the patients. Students will be taught to use validated methods for the objective assessment of psoriasis.

The study material consists of one unit which concerns the nursing aspects of the use of biological therapies for severe psoriasis. Background knowledge of psoriasis and the management of patients undergoing biological therapies will be explored and assessed through learning activities and assignment work.

### **Examples of specific issues that will be explored are:**

- Knowledge and understanding of the immune basis for psoriasis
- Background information on phototherapy and other systemic treatments for severe psoriasis.

- Patient selection process for consideration of biological therapies; including clinical measurements of disease activity (PASI and DLQI)
- Mechanisms of action of biological therapies and practicalities of treatment
- Clinical effectiveness, side- effect profile and comparison of all UK licensed NICE approved biological therapies for psoriasis
- The role of the nurse in patient assessment, practical aspects of monitoring and caring for patients receiving biological therapies
- Potential adverse effects of biological therapies and the nurse's role in on-going patient monitoring
- Implications for switching biological agents
- Practical procedures for the administration of intravenous infusion delivery of biological therapies (Infliximab)
- Practical procedures for the administration of sub-cutaneous injection delivery of biological therapies (Etanercept, Adalimumab and Ustekinumab)
- An understanding of the rationale and procedures for registering patients on the BADBIR register
- Exploration of the concept of disability in the context of psoriasis.
- Exploration of research and evidence base for specific treatments.

### **Is this module suitable for me?**

This module is suitable for all nurses working in a setting where biological therapies are used for the treatment of dermatology patients. The aim of this educational module is to provide a structured approach to the topic "The Care and Management of Patients with Psoriasis Treated with Biological Therapies".

The mode of study is self directed learning, with an emphasis on the practical issues facing nurses who are new to this field.

### **How will I be assessed?**

You will be assessed on the completion of theoretical and clinical learning outcomes. You need to produce a written piece of work, which will either be an evaluation of care given to a patient receiving a biological therapy or a critical evaluation of the current service you provide to patients.

### **Modules Awaiting Approval**

The care and management of children and young people with skin diseases

The care and management of patients with dry skin, pruritus and prurigo

The care and management of patients with photo-responsive disease

The care and management of patients with acne and rosacea

## PHOTOTHERAPY AND PUVA

### Four-Day Residential Course

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

**Target audience:** These intensive four-day courses in UV phototherapy have been organised for qualified nurses and physiotherapists who have not previously received formal training in this form of treatment. The courses are aimed at novices in phototherapy, but also those who are currently working in skin clinics and feel that their training in phototherapy and PUVA has been deficient. It will also be of benefit to nurses and physiotherapists who wish to update and consolidate their knowledge in this increasingly complicated subject.

### TOPIC COVERAGE

The course will cover the basics of phototherapy and PUVA, to allow insight into how good working practices can be developed from a firm grasp of first principles.

Both theoretical and practical aspects of the subjects will be covered, including: the UV radiation spectrum, radiation protection and measurement, effects of UV on the skin, photoresponsive diseases, pharmacology of topical and oral psoralens, PUVA, UV-B therapy (narrow-band), management of adverse events, counselling and consent of patients, clinic documentation, medical audit and quality control, health education and research.

There will also be an introductory lecture on photodynamic therapy (PDT) for skin disorders.

### ACCOMMODATION AND MEALS

Accommodation is not included in the cost. Meals are available in the hospital restaurants.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule. Fees are inclusive of all teaching materials, a copy of the Aneurin Bevan Health Board Phototherapy Training Manual, hand-outs and reprints (but not including accommodation and meals). The course fee is subject to revision on a yearly basis and will be adjusted to meet increased costs.

Payment of the course fees is to be made in full, 8 weeks before commencement of the course and if payment is not received the place will be given to the first person on the waiting list. We will not send reminders, so would advise payment on receipt of invoice.

### CERTIFICATE OF COMPETENCE

A certificate of competence to practise phototherapy and PUVA will be presented to course delegates who complete the training and pass the written assessments.

### BOOKING A PLACE ON THE COURSE

Please return the application form, with a brief summary of your background training and career (a short CV will be fine). On receipt of the completed application form, confirmation will be sent with a course confirmation slip enclosed which you will need to fill in and return.

Payment by **cheque payable to Academic Dermatology**, or via invoice to delegate's employing Trust, is to be made 8 weeks before the commencement of the course.

**Please send your course fee to:**

The Course Administrator, Academic Dermatology Unit  
Block C, St Woolos Hospital, Stow Hill, Newport NP20 4SZ  
or email: [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

## PRINCIPLES OF NURSING MANAGEMENT OF PATIENTS WITH ACNE

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

### Who Should Apply?

Nurses in primary care and dermatology nurses who are interested in the nursing management of patients with acne.

### FORMAT OF COURSE

The course consists of a detailed educational unit on the nursing management of patients with acne which was originally developed for the WNB-accredited course "Practical Dermatology Nursing".

### DURATION

Six-Week Distance Learning Course

### PROGRAMME:

- Introduction to Acne/Rosacea
- Application of Topical Treatments/Nursing Issues
- Systemic Treatments/Nursing Issues
- A Psychological Approach to Acne Patient Education

### REFLECTIVE LEARNING AND STUDY COMMITMENT

Students are expected to work through the course material and to learn how to link theory with practice through reflective learning. The amount of study required may vary according to personal experience but it is anticipated that 25 hours of private study will be required to complete the course.

### ACCREDITATION

At the end of six weeks, students who have completed reflection points will be awarded a certificate of attendance. For those students who wish to have accreditation at degree or diploma level, the [15-week distance learning modules](#) may be more appropriate.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.

## PRINCIPLES OF NURSING MANAGEMENT OF PATIENTS WITH ECZEMA

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

### Who Should Apply?

Nurses in primary care and dermatology nurses who are interested in the nursing management of patients with eczema.

### FORMAT OF COURSE

The course consists of a detailed educational unit on the nursing management of patients with eczema which was originally developed for the WNB-accredited course "Practical Dermatology Nursing".

### DURATION

Six-Week Distance Learning Course

### PROGRAMME:

- Aetiology of Eczema
- Topical Treatments
- Occlusive Treatments
- Eczema in Adults
- Eczema in Children
- Eczema in the Community
- PUVA
- Cyclosporin

### REFLECTIVE LEARNING AND STUDY COMMITMENT

Students are expected to work through the course material and to learn how to link theory with practice through reflective learning. The amount of study required may vary according to personal experience but it is anticipated that 25 hours of private study will be required to complete the course.

### ACCREDITATION

At the end of six weeks, students who have completed reflection points will be awarded a certificate of attendance. For those students who wish to have accreditation at degree or diploma level, the [15-week distance learning modules](#) may be more appropriate.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.

## PRINCIPLES OF NURSING MANAGEMENT OF PATIENTS WITH PSORIASIS

To request an application form, please email: [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

### Who Should Apply?

Nurses in primary care and dermatology nurses who are interested in the nursing management of patients with psoriasis.

### FORMAT OF COURSE

The course consists of a detailed educational unit on the nursing management of patients with eczema which was originally developed for the WNB-accredited course "Practical Dermatology Nursing".

### DURATION

Six-Week Distance Learning Course

### PROGRAMME:

- Introduction to Psoriasis, a Chronic Skin Disease
- Systemic and Topical Medications
- Application of Moisturisers
- Caring for Patients with Psoriasis in the Community
- A Psychological Approach to Psoriasis
- UVB and UVA in the Treatment of Psoriasis

### REFLECTIVE LEARNING AND STUDY COMMITMENT

Students are expected to work through the course material and to learn how to link theory with practice through reflective learning. The amount of study required may vary according to personal experience but it is anticipated that 25 hours of private study will be required to complete the course.

### ACCREDITATION

At the end of six weeks, students who have completed reflection points will be awarded a certificate of attendance. For those students who wish to have accreditation at degree or diploma level, the [15-week distance learning modules](#) may be more appropriate.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.

## PRINCIPLES OF NURSING MANAGEMENT OF PATIENTS WITH SKIN CANCER AND PATIENTS UNDERGOING MINOR SURGERY

To request an application form, please email: [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

### Who Should Apply?

Nurses in primary care and dermatology nurses who are interested in the nursing management of patients with skin cancer and patients undergoing minor surgery.

### FORMAT OF COURSE

The course consists of a detailed educational unit on the nursing management of patients with skin cancer and patients undergoing minor surgery which was originally developed for the WNB-accredited course "Practical Dermatology Nursing".

### DURATION

Six-Week Distance Learning Course

### PROGRAMME:

- Introduction to Skin Cancer
- How to Prevent Skin Cancer
- Care of the Patient Before, During and After Surgery
- Dressing and Bandaging Techniques
- Post-Operative Wound Care

### REFLECTIVE LEARNING AND STUDY COMMITMENT

Students are expected to work through the course material and to learn how to link theory with practice through reflective learning. The amount of study required may vary according to personal experience but it is anticipated that 25 hours of private study will be required to complete the course.

### ACCREDITATION

At the end of six weeks, students who have completed reflection points will be awarded a certificate of attendance. For those students who wish to have accreditation at degree or diploma level, the [15-week distance learning modules](#) may be more appropriate.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.

## PRINCIPLES OF NURSING MANAGEMENT OF PATIENTS UNDERGOING PHOTODYNAMIC THERAPY

**To request an application form, please email:** [admin@academicdermatology.co.uk](mailto:admin@academicdermatology.co.uk)

### Who Should Apply?

Healthcare professionals interested in setting up a photodynamic therapy service.

### FORMAT OF COURSE

The course consists of a detailed educational unit on the nursing management of patients undergoing photodynamic therapy which was originally developed for the WNB-accredited course "Practical Dermatology Nursing".

### DURATION

Six-Week Distance Learning Course

### PROGRAMME:

- Overview of photodynamic therapy
- Overview of malignant and pre-malignant lesions
- Where does photodynamic therapy fit in as a treatment option?
- Selection of suitable lesions for photodynamic therapy
- Selection of appropriate sensitisers
- Care of the patient undergoing photodynamic therapy
- How to set up a photodynamic therapy service - equipment, facilities
- Practical issues and demonstrations, dose regimens/dosimetry

### REFLECTIVE LEARNING AND STUDY COMMITMENT

Students are expected to work through the course material and to learn how to link theory with practice through reflective learning. The amount of study required may vary according to personal experience but it is anticipated that 25 hours of private study will be required to complete the course.

### ACCREDITATION

At the end of six weeks, students who have completed reflection points will be awarded a certificate of attendance. For those students who wish to have accreditation at degree or diploma level, the [15-week distance learning modules](#) may be more appropriate.

### COURSE DATES AND FEES

See Academic Dermatology Courses Schedule.